

### WINTER WEATHER SAFETY TIPS

Winter brings snow, ice, slush, slippery conditions... and slip/fall injuries. Here's a few tips to help you stay safe this winter.

### MAKE A "WINTER WALKING SAFETY PLAN" SO YOU'RE PREPARED FOR WINTER WALKING -

- WEAR PROPER FOOTWEAR -
  - $\checkmark$ Boots or shoes with heavy tread and no heels (or low heels); and
  - $\checkmark$ **Traction/gripping devices** such as Yaktrax, carry sand with you to assist you when getting out of a vehicle in icy conditions.

#### SELECT YOUR ROUTE CAREFULLY -

- Stick to sidewalks.  $\checkmark$
- Avoid shortcuts and areas around construction sites snow may hide holes and other hazards.



#### \* USE EXTREME CAUTION - Pay attention to weather alerts and know what they mean.

# Blizzard Warning

Severe winter weather is expected within the next 12 to 36 hours or is occurring -- including whiteout conditions. Do not travel.

## take action.

Dangerous winter weather is expected within the next 12 to 36 hours or is occurring. Considerable travel problems are expected.

Warning

## take action.

# Winter Storm Winter Weather Advisory

Potentially dangerous winter weather is expected within the next 12 to 36 hours or is occurring. Travel difficulties are expected.

### be aware.





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