

BEST PRACTICES FOR PERSONAL SAFETY AT SCHOOL

Working with students is extremely rewarding, but can also be very challenging; especially when dealing with unpredictable and/or aggressive student behavior.

DRESS FOR SUCCESS

Select attire which allows you to respond safely during an emergency without putting you at risk of injury.

- Wear:
 - Break-away neckties or "clip-on" style ties if ties are required.
 - **Break-away style ID badge lanyards** or ID name badges with a clip. Avoid carrying additional objects on the lanyard, such as keys which can be used as a weapon.
 - Sturdy, stable closed-toe, steel-toe shoes with non-slip soles <u>and low profile</u> heels that are easy to move in <u>and</u> will provide protection if stepped on.
 - **Long sleeves and long pants** reduces the likelihood skin will be broken if kicked, scratched, or bitten.
 - **Bite/cut resistant protective arm guards or sleeves** when available and working with a known biter.
 - Safety glasses, face masks, spit shields when working with students known to spit.
- Avoid wearing:
 - Attractive nuisances a student can grab, such as large hoop or dangling earrings, necklaces, scarves, hoodies, or clothing with strings or decorative items hanging off of clothing.
 - Rings with elevated stones they can scratch others or get caught on something. If you wear a ring with stones, consider turning it inward.
 - **Loose or excessively baggy clothing** it can easily be grabbed or pulled.
- Tie back and secure long hair, preferable in a bun. Loose hair, ponytails and/or braids can easily be grabbed or pulled.



CLIP-ON TIES ARE A SAFER/BETTER CHOICE THAN STANDARD TIES







FOR MORE ON PERSONAL SAFETY, LOGIN INTO SAFESCHOOLS TO VIEW:

- Classroom Safety (16 mins)
- Special Education: Safety in the Classroom (23 mins)

Consider taking "Right Response" training offered by Clear Risk Solutions



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