



Lead, Serve, Support

December 19, 2019

WINTER WALKING SAFETY TIPS

Winter weather brings snow, ice, slush, slippery conditions... and slip/fall injuries.

You are a vital piece of your overall “Winter Walking Safety Plan.” If you observe a hazard in/on your campus promptly notify your building custodial/maintenance staff ASAP (follow your district reporting policy) “See Something - Say Something - DO Something.”

See how to avoid painful falls and walking mistakes, and provide tips to keep yourself safe!

Control/click this YouTube video on “Winter Walking Safety Tips”: 

Wear proper footwear:

Boots or shoes with heavy tread and no heels (or low heels)


Traction/gripping devices (such as Yaktrax - Take them off before driving or entering a building)



SELECT YOUR ROUTE CAREFULLY -

Stick to sidewalks.

Avoid shortcuts and areas around construction sites - snow may hide holes and other hazards.

Be cautious as you enter or exit your vehicle. Control/Click this YouTube video on “Safely Exiting a Vehicle in Icy Conditions”: 

USE EXTREME CAUTION:

- SLOW DOWN and remain in control
- Watch for black ice, wet floors, and falling hazards
- “Walk like a Penguin” by taking short steps and/or shuffling your feet
- Leave your arms free to control your balance
- Prepare yourself with a personal container of sand/kitty litter, etc. (mark container with contents)
- Walk in lighted areas during hours of darkness when possible



SAFETY MATTERS

