



Lead, Serve, Support

February 11, 2019

## SAFETY FOR YOURSELF SAFETY FOR OTHERS!

*Safety starts with you! But have you ever considered how safety, or the lack of, would affect others if you get injured? Know how your actions “ripple-down” to others who may be affected:*

- *Yourself, for starters. Will the injury affect you for a day, a week, or a lifetime? A work shortcut may affect us many years “Down-the-Road.”*
- *Coworkers: With your absence, what workload will be distributed to them?*
- *Your students. Will your class reach the goals you’ve established if you can’t be there to teach, mentor, encourage and guide them?*
- *FAMILY: Consider the impact it an injury could have on your family... their emotional well-being and financial health if you can’t work - Worker’s Compensation funds do NOT cover all of your normal income.*

We often hear “If you see something, say something!” but there’s another critical piece to add:  
**“do something!”**

Think what we should do in these types of events:

- Walk over the same electrical cord laying across the floor
- Plug in the electrical heater into a power strip
- Take a shortcut through or over a snow berm
- Stand on a chair, stool, or desk
- Wear improper shoes for the weather
- Fail to be aware of our surroundings
- Lift items improperly
- Don’t turn on the light and walk into a dark room
- Walk over coats, boots, lunchboxes, binders, backpacks, tools, etc., around desks, in walkways, blocking hallways or laying in stairwells
- Leave exterior doors unsecured
- Take our good health for granted!

It usually only takes a moment to **“do something”** to help protect YOURSELF and others!

***If you don’t do safety for yourself, then be SAFE for your students, coworkers, and family!***

**SAFETY MATTERS**