

SAVE THE DATE!

The NCESD is hosting the 4th-annual **STEM Summit AUGUST 11-13, 2020** at the Wenatchee Convention Center.

"A wealth of information and resources for elevating our students' learning experience."

This event highlights multiple professional learning opportunities for teachers and educational staff members in the areas of science, technology, engineering and mathematics taught by experts and specialists in their fields.

- Over 90 breakout sessions offered morning and afternoon over the course of 3 days
- 24 STEM Clock Hours offered for purchase
- 400+ teachers in attendance
- Lunch Provided Each Day
- No cost to STEM Cooperative Members

Registration available soon at:
ncesd.org/stemsummit



NCESD on Social Media



facebook.com/ncesd171



twitter.com/NCESD



instagram.com/northcentralesd



pinterest.com/ncesd



youtube.com/channel/UCnUucNEpdn32cCLLnwG63_w

Now Open: STEM Career Workshops for Teachers and Educators

The NCESD is pleased to announce the following STEM Career Workshops and tours of regional businesses that will demonstrate how STEM learning in the classroom relates to their STEM careers.

GRANT/ADAMS COUNTY:

- Tues, March 3: 1:30-3:30 Amway Nutrilite, Quincy
- Thurs, April 9: 3:30-5:30 Chemi-Con, Moses Lake
- Wed, April 22: 3:30-5:30 SGL Composites, Moses Lake
- Thurs, May 7: 3:30-5:30 Joyson Safety Systems, Moses Lake

Registration at: pdenroller.org/catalog/event/102305

OKANOGAN COUNTY:

- Tues, March 24 3:00-4:30 US Electrodynamics, Brewster
- Tues, April 28 3:30-5:00 Oroville Reman and Reload, Oroville

Registration at: pdenroller.org/catalog/event/102321

CHELAN/DOUGLAS COUNTY:

- Wed, March 4 3:30-4:30 Salcido Enterprises, Wenatchee
- Wed, April 8 3:30-5:00 Sabey Data Centers-Intergate Columbia, East Wenatchee
- Wed, May 6 3:30-5:30 WSDOT, Wenatchee

Registration at: pdenroller.org/catalog/event/102301

March Is National Nutrition Month and Includes School Breakfast Week

10 Free Things for National Nutrition Month | By Phil Nast, taken from the National Education Association

This month- and every month- emphasize the importance of making informed food choices and developing healthy eating and physical activity habits. Read on for easy age-appropriate ideas to encourage healthy nutrition.

Grades preK-12

SCHOOL BREAKFAST WEEK

The first week of March is National School Breakfast Week. The NEA Foundation supports [Breakfast in the Classroom](#) and partners with organizations to provide grants for [Breakfast in the Classroom programs](#).

- eatright.org: Provides information on food, health and fitness and sections for kids, parents, men, women, and seniors.

GRADES PREK-2, 3-5

- [Super Crew for Kids](#): provides nutritional information and fun for grades K-5. The Children's Book Corner suggests books that promote healthy living without being didactic. Eric Carle's *The Very Hungry Caterpillar*, for example, is one book discussed. The website also offers coloring pages, activities, and nutrition facts.
- [Fizzy's Lunch Lab](#): Fizzy's Lunch Lab is a website for grades K-5. Students can find recipes to download and print, weekly "webisodes," food-music videos, games, and other kid-friendly features. Sections for teachers and parents offer cross-curricular lesson plans and educational activity packs.

GRADES 6-8

- [Dining Decisions](#): Students in grades 6-8 learn about adolescent nutritional needs and test their nutritional knowledge. In the Dining Decisions Game, students click possible lunchtime food items and learn if they made wise choices. Download [BAM! Dining Decisions App](#) for iPad, iPhone, or Android.

GRADES 6-8, 9-12

- [Lessons for Elementary, Middle and High Schools](#): Lesson plans and classroom resources on nutrition, gardening, farm-to-school, and nutrition-related health topics.

